This is an exciting time to enter the field of medicine, with our nation’s healthcare landscape in the midst of major transformation.

That excitement is palpable at the North Shore-LIJ Department of Medicine, where we are playing an active role in the transformation of medicine: how we teach it and study it; how we develop new insights and ideas about it; and how we practice it as we heal patients, families, and communities.

The Department of Medicine is thriving in this time of transformation, even as we undergo our own significant transitions. Four years ago, North Shore-LIJ merged its two residency programs in internal medicine, bringing together the best of both programs and expanding the size and diversity of the training experience for each resident. At the same time, we launched the state’s first new allopathic medical school in more than 50 years: the Hofstra North Shore-LIJ School of Medicine, which is crafting a new paradigm in medical education that blends medicine’s finest traditions and values with the state of the art in technology and biomedical science.

As one of the nation’s largest health systems, North Shore-LIJ has unparalleled resources for preparing tomorrow’s physicians for the continuing transformation of our nation’s healthcare system. Residents are exposed to a remarkable variety of clinical environments and conditions, with patient populations in every socioeconomic situation. Our trainees are provided with mentorship and guidance, working closely with outstanding scientists and clinical educators who are leaders in their field. Lifelong bonds are forged among trainees and faculty in an atmosphere of support and collegiality, transforming the day-to-day process of caring for the sick and vulnerable into a fulfilling journey. We are building an innovative research enterprise that focuses on healthcare delivery and outcomes, and on moving scientific discoveries and insights from the laboratory through the research “pipeline” into real-world interventions. Our curriculum exemplifies the value we place on quality of care, professionalism, and scholarship, with special emphasis on evidence-based medicine. Our trainees have an outstanding track record in achieving acceptance by top fellowship programs. We are also an integral part of the Feinstein Institute for Medical Research, which ranks in the top five percent of institutions in research funding from NIH.

All these factors combine to form a high-energy, high-quality training environment that attracts some of the best and brightest medical students from around the country. I invite you to consider joining us in this remarkable journey; please do not hesitate to contact us for information and support throughout the process.

With best wishes for your success in our field,

Thomas McGinn, MD, MPH
Chair, Department of Medicine, North Shore-LIJ Health System
Chair & David J. Greene Professor of Medicine, Hofstra North Shore-LIJ School of Medicine
About the
North Shore-LIJ
Health System

Third-largest secular nonprofit healthcare system in the United States.

Nation’s 16th-largest integrated healthcare network, and largest in New York State, based on net patient revenue.

16 hospitals, including 10 teaching facilities, with more than 6,000 hospital and long-term-care beds.

More than 44,000 employees, with 9,000 physicians, 10,000 nurses, and 3,200 volunteers in the Health System.

Highly diverse patient population drawn from a service area of more than 7 million residents throughout greater metropolitan New York, including Manhattan, Long Island, and Queens.

Over 1,500 medical residents and fellows in 115 programs.

Nation’s sixth-largest group practice, with 2,400 full-time physicians.

The Feinstein Institute for Medical Research, among the top 5% of institutions that receive funding from National Institutes of Health.

Home to Hofstra North Shore-LIJ School of Medicine and its innovative nationally recognized curriculum.

For more, go to NorthShoreLIJ.com
DEPARTMENT OF MEDICINE RESIDENCY

The North Shore-LIJ residency program in internal medicine is developing powerful new ways to train tomorrow’s physician leaders, scientists, educators, and healers, whether they continue as internists or choose a subspecialty. With a total of 133 residents, in 2014 the program will rank 14th in size out of almost 400 IM residency programs nationally.

Residency Program Highlights

• An innovative scheduling model that reduces fragmentation of education and patient care.
• Training sites in an upscale suburban community less than 30 minutes from Manhattan.
• Health system includes all major subspecialty fellowships.
• Extraordinary track record of acceptance by top fellowship programs.
• Highly competitive salary and benefits.
• Diverse patient population from throughout greater metropolitan New York.

North Shore-LIJ Health System offers fellowships in all the major subspecialties: Cardiovascular Disease; Endocrinology, Diabetes, and Metabolism; Gastroenterology; Geriatric Medicine; Hematology and Oncology; Hospice and Palliative Medicine; Infectious Disease; Nephrology; Pulmonary Disease and Critical Care Medicine; Sleep Medicine; Interventional Cardiology;

PROGRAM APPLICATION FOR 2014-15

Deadline: January 1, 2014

Apply only through ERAS www.aamc.org/eras
Listed as NSLIJHS/Hofstra North Shore-LIJ School of Medicine Program

Applicants selected for an interview are contacted by e-mail.
Interviews take place from November through January.
PROGRAM OVERVIEW

The program’s main training sites are North Shore University Hospital and Long Island Jewish Medical Center, where residents complete general medical ward, MICU, CCU, emergency department and most subspecialty electives. Together, these major tertiary-care hospitals serve as the academic and clinical hub of North Shore-LIJ Health System:

North Shore University Hospital, located in Manhasset, has 804 beds and more than 2,700 specialist and subspecialist physicians. It offers the most advanced care in all medical specialties, including open-heart surgery, neurosurgery, urology, and maternal-fetal medicine, and has been recognized for its state-of-the-art intensive care for medical, surgical, newborn, and pediatric patients.

Long Island Jewish Medical Center, in New Hyde Park, is a 488-bed tertiary adult care hospital with advanced diagnostic and treatment technology, as well as modern facilities for medical, surgical, dental and obstetrical care.

Inpatient medical teams consist of one attending (a house hospitalist), one resident (second- or third-year), one or two interns, and several third- and fourth-year medical students. On rounds and at daily chart review sessions, all decision-making and order-writing is done as a team, with a senior resident and supervising attendings. Teaching attendings round daily with the full team. A night float system handles admissions and cross-coverage from 7 pm to 7 am. Interns are supervised throughout the day and night, with in-house hospitalist attendings and senior residents on call.

The Medicine Admitting Resident (MAR), a third-year resident, screens newly admitted cases in the emergency department to determine which patients will be covered by medicine housestaff, increasing housestaff autonomy.

The ambulatory care programs are responsible for more than 20,000 patient visits annually. Housestaff build a continuity practice over three years and are supervised closely. Each clinic session is precepted by several fulltime ambulatory teaching attendings and a chief resident. All cases are presented to a preceptor and discussed in detail. Preceptors observe physical examinations and patient encounters, and guide decision-making.
Affiliations

The program is the main clinical teaching site for the Hofstra North Shore-LIJ School of Medicine. Established in 2011 and having welcomed its second class, Hofstra North Shore-LIJ School of Medicine is the first new allopathic medical school in New York State in more than 50 years, and has already been recognized for its innovative curriculum and didactic methodology.

In the spring of 2012, the program underwent regularly scheduled accreditation review by the ACGME Residency Review Committee. The result was the best possible outcome: continued accreditation, with the next scheduled review in 10 years.

Research

Department of Medicine faculty have expertise in a wide range of research, with special emphasis on evidence-based medicine, healthcare delivery, and outcomes research. With more than 800 scientists, North Shore-LIJ’s Feinstein Institute for Medical Research is among the top five percent of institutions that receive funding from National Institutes of Health. It provides unique opportunities for interaction with elite researchers and offers courses free of charge to housestaff.

The Continuity Model of housestaff education

A key component of the North Shore-LIJ internal medicine residency program is our Continuity Model of housestaff education, which is based on the “Four Plus One” system, an increasingly popular strategy for compliance with ACGME duty-hour rules. The model’s core is a variation on protected time: each four-week block of inpatient duty is followed by a week dedicated to ambulatory education. This strategy eliminates pressure on trainees to be in two places at once; they no longer rush from inpatient floor to outpatient clinic. Life assumes a consistent rhythm and “sleep debt” is minimized. The system enhances clinical care as well, reducing the fragmentation and waste that sometimes accompany the traditional system, and supporting residents in building a practice over time. Didactics and subspecialty training in both settings benefit from the continuity, and research becomes a real option.
RESIDENT LIFE

The internal medicine residency program “lives” on central Long Island, striking a perfect balance between city and country. The two campuses are located a few miles apart in a beautiful suburb of New York City less than 20 miles from Times Square, an easy ride by car or Long Island Rail Road, and a 30-minute car ride away from three airports.

We are surrounded by Long Island Sound on one side and the Atlantic Ocean on the other, complete with the recreational opportunities associated with miles of diverse coastline, including surfing, boating, and fishing. Long Island also has great parks, tournament-quality golf courses, hiking, bike trails and fine dining. As a community, Nassau County consistently ranks among the best in charitable giving, community investment, recreation, education, housing, health care, and other quality-of-life measures.

We strongly believe that collegiality enhances training effectiveness, so our program is infused with activities and strategies that actively support connections among trainees. The resulting camaraderie is all the more remarkable in light of the fact that so many residents are pursuing highly competitive fellowships.
## OUR RESIDENTS:
WHERE THEY COME FROM AND WHERE THEY GO

### PGY1 Match: Source Medical Schools for 2012 and 2013

North Shore-LIJ’s internal medicine residents come from a diverse range of medical schools around the country.

<table>
<thead>
<tr>
<th>Source Medical School</th>
<th>Year of entry</th>
<th>2012-2013</th>
<th>2013-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albany Medical College</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Albert Einstein College of Medicine of Yeshiva University</td>
<td>4</td>
<td>2</td>
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<tr>
<td>Columbia University College of Physicians and Surgeons</td>
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<td>-</td>
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<tr>
<td>Dartmouth Medical School</td>
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<td>-</td>
<td></td>
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<tr>
<td>Drexel University College of Medicine</td>
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<td>3</td>
<td></td>
</tr>
<tr>
<td>George Washington University School of Medicine and Health Sciences</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Howard University College of Medicine</td>
<td>-</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Medical College of Georgia School of Medicine</td>
<td>1</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Mount Sinai School of Medicine of New York University</td>
<td>1</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>New York College of Osteopathic Medicine of NY Institute of Technology</td>
<td>4</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>New York Medical College</td>
<td>7</td>
<td>3</td>
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</tr>
<tr>
<td>Saint Louis University School of Medicine</td>
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<tr>
<td>State University of NY Downstate Medical Center College of Medicine</td>
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<td>15</td>
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<tr>
<td>State University of NY Upstate Medical University</td>
<td>2</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>The School of Medicine at Stony Brook University Medical Center</td>
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<td>8</td>
<td></td>
</tr>
<tr>
<td>The Commonwealth Medical College</td>
<td>-</td>
<td>3</td>
<td></td>
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<tr>
<td>The Warren Alpert Medical School of Brown University</td>
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<tr>
<td>Tufts University School of Medicine</td>
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<td>-</td>
<td></td>
</tr>
<tr>
<td>University of Chicago Division of the Biological Sciences The Pritzker School of Medicine</td>
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<td>-</td>
<td></td>
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<tr>
<td>University at Buffalo State University School of Medicine</td>
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<td>1</td>
<td></td>
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<tr>
<td>University of Medicine &amp; Dentistry of New Jersey/R.W. Johnson Med School</td>
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<td>1</td>
<td></td>
</tr>
<tr>
<td>University of Medicine and Dentistry of New Jersey-New Jersey Medical School</td>
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<td>1</td>
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<tr>
<td>University of Miami Leonard M. Miller School of Medicine</td>
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<td>University of Michigan Medical School</td>
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<tr>
<td>University of Texas Medical School at Houston</td>
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<td>University of Virginia School of Medicine</td>
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<td>Wayne State University School of Medicine</td>
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<td>Weill Cornell Medical College</td>
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<td>West Virginia University School of Medicine</td>
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<tr>
<td>University of Cincinnati College of Medicine</td>
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<tr>
<td>University of Massachusetts Medical School</td>
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</tr>
<tr>
<td>USF Health Morsani College of Medicine</td>
<td>-</td>
<td>1</td>
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<tr>
<td>Vanderbilt University School of Medicine</td>
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</tbody>
</table>
## Fellowship Match for 2012: Subspecialty Programs*

For information on fellowships, please contact Thomas Bradley, MD, Director, Internal Medicine Fellowship Program – TBradley@nshs.edu (516) 734-8894

<table>
<thead>
<tr>
<th>Resident</th>
<th>Subspecialty</th>
<th>Program</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Allergy/Immunology</td>
<td>Pulmonary &amp; Critical Care</td>
</tr>
<tr>
<td>2</td>
<td>Allergy/Immunology</td>
<td>North Shore - LJ</td>
</tr>
<tr>
<td>3</td>
<td>Cardiology</td>
<td>North Shore - LJ</td>
</tr>
<tr>
<td>4</td>
<td>Cardiology</td>
<td>New York Hospital Queens</td>
</tr>
<tr>
<td>5</td>
<td>Cardiology</td>
<td>North Shore - LJ</td>
</tr>
<tr>
<td>6</td>
<td>Cardiology</td>
<td>North Shore - LJ</td>
</tr>
<tr>
<td>7</td>
<td>Cardiology</td>
<td>North Shore - LJ</td>
</tr>
<tr>
<td>8</td>
<td>Endocrinology</td>
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</tr>
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<td>Endocrinology</td>
<td>Mount Sinai School of Medicine</td>
</tr>
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<td>10</td>
<td>Gastroenterology</td>
<td>North Shore - LJ</td>
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<tr>
<td>11</td>
<td>Geriatrics</td>
<td>Weill Cornell Medical College</td>
</tr>
<tr>
<td>12</td>
<td>Hematology Oncology</td>
<td>Tufts University School of Medicine</td>
</tr>
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<td>Hematology Oncology</td>
<td>North Shore - LJ</td>
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<td>16</td>
<td>Infectious Diseases</td>
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<tr>
<td>17</td>
<td>Nephrology</td>
<td>North Shore - LJ</td>
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<td>Nephrology</td>
<td>New York University School of Medicine</td>
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<tr>
<td>19</td>
<td>Nephrology</td>
<td>Yale University School of Medicine</td>
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<td>Nephrology</td>
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<td>21</td>
<td>Occupational Environmental Medicine</td>
<td>Yale University School of Medicine</td>
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<td>22</td>
<td>Palliative Care</td>
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<td>Pulmonary &amp; Critical Care</td>
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</tr>
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<td>24</td>
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<td>25</td>
<td>Pulmonary &amp; Critical Care</td>
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<td>26</td>
<td>Pulmonary &amp; Critical Care</td>
<td>New York University School of Medicine</td>
</tr>
</tbody>
</table>

*These are the most recent results; starting in 2012, the subspecialty Match has been shifted to December.*
SALARY AND BENEFITS

Base salaries as of July 1, 2014

- PGY1: $65,500
- PGY2: $67,500
- PGY3: $69,500

Benefits

- On-campus housing with utilities included; $1,800 housing stipend for those who do not obtain on-campus housing.
- Malpractice, health, and life insurance.
- Meal allowance.
- On-campus day care.
- Uniforms and laundry service.
- Vacation: four weeks in each year of training, taken as two two-week blocks during the academic year.
- Support for attendance at national conferences when presenting posters or papers as first author.

For additional information on these and other benefits, please contact Kelly Spielmann, MS, Residency Program Coordinator: (718) 470-7270 KSpielmann@nshs.edu

APPLYING

How to apply

North Shore-LIJ participates in the National Resident Matching Program (the Match) solely through ERAS (Electronic Residency Application Service), a service of AAMC (American Association of Medical Colleges) https://www.aamc.org/students/medstudents/eras.

As you’ll see on ERAS, your application must include medical school transcript, personal statement, and curriculum vitae, in addition to three letters of reference no more than six months old including one from your dean. All application materials and supporting documents must be forwarded to us by your dean’s office via ERAS online.

We are listed with ERAS as NSLIJHS/Hofstra North Shore-LIJ School of Medicine Program.

Position NRMP #

Categorical Three-Year Program 1700140C
Preliminary One-Year Program 1700140P

There is no minimum USMLE score requirement. While USMLE Step 2 scores are not required at the time of application, depending on the applicant’s medical school they may be required for graduation.

Applications are accepted from osteopathic and international medical graduates, though foreign medical graduates are considered only if they have graduated within the last three years.

The Department is committed to increasing the number of underrepresented minorities trained in internal medicine.

For more information and to apply, please visit http://www.aamc.org/audienceeras.htm.
FROM THE PROGRAM DIRECTOR

We hope that you like what you’ve seen in these pages.

When you graduate from our program, you’ll be fully prepared to provide high-quality medical care independently and with confidence. You’ll also have every opportunity to grow as an educator and to develop as leader. We are genuinely proud of every one of our residents, of their remarkable experience and accomplishments.

Keep in mind that it’s impossible to capture the North Shore-LIJ experience in such a limited space. The quality of the teaching, the beautiful setting, the warmth of bright, supportive peers, the commitment of staff and administration, including the support that frees up our trainees to focus their time and energy on learning… these don’t come through in the facts and figures but they’re major factors in our success.

That’s why we hope that you’ll be in touch with us – to ask questions, request an interview, or get help with the application process. Meanwhile, we wish you well on your professional journey and thank you for your interest in our program.

Saima Chaudhry, MD, MSHS

CONTACT US

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SChaudhr@NSHS.edu
(718) 470-7717

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(718) 470-7270